



CERTIFICATE of APPRECIATION

This certificate is awarded to Mr/Ms/Dr/Prof

DR. ATHIRA MOHAN M O

for presenting best paper under the theme **MANASIKAM** in the International Ayurveda Seminar held from **Dec 1-5, 2023**, organized in connection with the **5th Global Ayurveda Festival (GAF 2023)** in Thiruvananthapuram, India. Your contribution and dedication towards advancing Ayurvedic knowledge and fostering collaboration with the global Ayurveda community have significantly enriched the discourse.

Dr. C. Suresh Kumar
Secretary General

Dr. Jayan D
Chairman, Seminar Committee

