



# CERTIFICATE of APPRECIATION

This certificate is awarded to Mr/Ms/Dr/Prof

**DR. VARSHANATH B**

for presenting best paper under the theme ..... **SWASTHAVRITTA** ..... in the International Ayurveda Seminar held from **Dec 1-5, 2023**, organized in connection with the **5th Global Ayurveda Festival (GAF 2023)** in Thiruvananthapuram, India. Your contribution and dedication towards advancing Ayurvedic knowledge and fostering collaboration with the global Ayurveda community have significantly enriched the discourse.

**Dr. C. Suresh Kumar**  
Secretary General

**Dr. Jayan D**  
Chairman, Seminar Committee

